

# January 2020

## Rolla USD #217 Food Service

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																					
<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Dec 2019</b></p> <table style="font-size: small; border-collapse: collapse;"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Feb 2020</b></p> <table style="font-size: small; border-collapse: collapse;"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> </table> </div> </div>		S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	1	2	3	4		
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	<p>B. Mini Waffles w/ Syrup, Fresh Pineapple, Fruit Juice, Milk</p> <p>L. Salisbury Steak, Mashed Potatoes, Brown Gravy, Roll, Tossed SALad, Fruit Cocktail</p>	<p>B. Pancakes, Sausage Patty, Fruit Cocktail, Fruit Juice, Milk</p> <p>L. Chicken Fries, Whole Wheat Roll w/ Jelly, Baked Beans, Creamy Cole Slaw, Baby Carrots, Grapes</p>	<p>B. Whole Wheat Bagel w/ Toppings, Grapes, Fruit Juice, Milk</p> <p>L. Frito Pie, Seasoned Peas, Cherry Tomatoes, Cucumber Slices, Peaches</p>	<p>B. Cereal, Cinnamon Toast, Peaches, Fruit Juice, Milk</p> <p>L. Cheese Pizza, Com, Brocoli Florets, Baby Carrots, Cantaloupe</p>																																																																																							
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	<p>B. Whole Grain Cereal, Yogurt Cup, Tropical Fruit, Fruit Juice, Milk</p> <p>L. Pork Rib on a Bun, Dark Green Leaf Lettuce, Tomato Slices, Sweet Potato Puffs, Mandarin Oranges</p>	<p>B. Biscuit &amp; Gravy, Mandarin Oranges, Fruit Juice, Milk</p> <p>L. Taco Soup, Totilla Chips, Salsa, Refried Beans, Broccoli Florets, Bananas</p>	<p>B. Cereal, Scrumptious Coffeecake, Bananas, Fruit Juice, Milk</p> <p>L. Com Dog, Baby Carrots, Green Beans, Tater Tots, Pears, Snickerdoodle</p>	<p>B. Scrambled Eggs, Toast, Pears, Fruit Juice, Milk</p> <p>L. Chicken Quesadilla, Tortilla Chips, Spanish Brown Rice, SAlsa Broccoli Florets, Baby Carrots, Honeydew Melon</p>	<p>B. French Toast Sticke w/ Syrup, Honeydew Melon, Fruit Juice, Milk</p> <p>L. Cowboy Cavatini, Whole Wheat Roll w/ Jelly, Seasoned Com, Garden Salad, Tropical Fruit</p>																																																																																						
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	<p>B. Mini Waffles w/ Syrup, Rosy Applesauce, Fruit Juice, Milk</p> <p>L. Hamburger on a Bun, Baked Beans, Sweet Potato Fries, Dark Green Leaf Lettuce, Tomato Slices, Apples, Apple Crisp</p>	<p>B. Cereal, Breakfast Bar, Apples, Fruit Juice, Milk</p> <p>L. Chili, Tortilla Chips, Red Bell Pepper Strips, Sliced Cucumber, Pineapple, Cinnamon Roll</p>	<p>B. Breakfast Pizza, Pineapple, Fruit Juice, Milk</p> <p>L. Chicken Nuggets, Whole WHeat Roll, Mashed Potates &amp; Gravy, Tossed Salad, Fresh Oranges</p>	<p>B. Cereal, Cinnamon Roll, Fresh Oranges, Fruit Juice, Milk</p> <p>L. Macaroni &amp; Cheese, Meatball, Whole Wheat Bread &amp; Jelly, Green Beans, Baby Carrots, Rosy Applesauce</p>																																																																																							
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	<p>B. Biscuit &amp; Gravy, Fruit Cocktail, Fruit Juice, Milk</p> <p>L. Hot Ham &amp; Cheese on a Bun, Baked Beans, Potato Wedges, Red Bell Pepper Strips, Strabarries</p>	<p>B. Cereal, Banana Bread, Strawbarries, Fruit Juice, Milk</p> <p>L. Pepperoni Pizza Com, Strawberry Salad, Celery Sticks, Broccoli Florets, Cheery Tomatoes, Kiwi</p>	<p>B. Chicken Biscuit Breakfast Sandwich, Kiwi, Fruit Juice, Milk</p> <p>L. Lasagna, Garlic Bread Stick, Garden SALad, Baby Carrots, Chocolate Chip Cookie</p>	<p>B. Pancake on a Stick, Watermelon, Fruit Juice, Milk</p> <p>L. Chickn Patty, Whole Wheat Roll &amp; Honey, Mashed Potatoes &amp; Gravy, Green Beans, Fruit Cocktail</p>																																																																																							

Fruit and Milk Choice offered with each Meal. This institution is an equal opportunity provider.